

# HERRING & MACKEREL




**P. Janes & Sons Ltd.**  
SINCE 1929



great seafood  
...naturally!

# HERRING & MACKEREL

With the ever-increasing awareness of the importance of a healthy diet, pelagic fish species like herring and mackerel are attracting more and more attention from nutritionists and cooks alike.

Both  herring and mackerel are available in a variety of forms and packs sizes.

Caught by seasoned harvesters in the fresh ocean waters off Newfoundland and Labrador, herring and mackerel are handled with care at every stage of both harvesting and production so we can guarantee our customers a quality product. From our modern processing plants emerge these wonders, rich in Omega-3 oils.

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## HERRING PRODUCT SPECIFICATIONS

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Whole Round Frozen Products	Grading	Case Dimensions (L x W x H)
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### Pack Size

7 kg.	200-300 gm, 300-400 gm, 400 gm-up	18 3/4 x 12 3/8 x 2 7/8
15 kg.	Under 300 gm, 300-400 gm, 400 gm-up	24 3/8 x 16 1/4 x 3 3/8
25 lbs.	Under 300 gm, 300-400 gm, 400 gm-up	24 3/8 x 16 1/4 x 3 3/8

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### Butterfly Fillet Products

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### Pack Size

4 x 15 lbs.	4-6, 6-8, 8-12 count per kilo	19 1/4 x 10 1/4 x 10 1/8
4 x 10 lbs.	4-6, 6-8, 8-12 count per kilo	19 3/8 x 9 1/4 x 8 3/4
2 x 10 kg.	4-6, 6-8, 8-12 count per kilo	23 1/8 x 12 1/8 x 7 1/4

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## MACKEREL PRODUCT SPECIFICATIONS

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Whole Round Frozen Products	Grading	Case Dimensions (L x W x H)
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### Pack Size

10 kg.	800 gm-up, 600-800 gm	23 x 13 1/4 x 3
15 kg.	600-800 gm, 400-600 gm	24 3/8 x 16 1/4 x 3 3/8
25 lbs.	800 gm-up, 600-800 gm, 400-600 gm	24 3/8 x 16 1/4 x 3 3/8

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### Fillet Products

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### Pack Size

4 x 15 lbs.	100-130, 130-160, 160-200, 200 gm up	19 1/4 x 10 1/4 x 10 1/8
4 x 10 lbs.	100-130, 130-160, 160-200, 200 gm up	19 3/8 x 9 1/4 x 8 3/4

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